

Bulletin for Patient Groups

19 March 2019



[Community Partnership Forum](#)

27 March 2019 – 6.30pm-8.30pm

Arbour Park Stadium, Slough – Free parking available

[Primary Care Commissioning Committee Meeting](#)

14 May 2019 – 12 – 1.30pm – Copthorne Hotel, Slough

[Governing Body Meeting in Public](#)

9 July – 2-3.30pm - Bracknell Open Learning Centre, Rectory Lane, Bracknell

[Patient Assembly](#)

Thursday 28 March – 6.30pm onwards – Easthampstead Baptist Church



Series of roadshows to raise awareness of Type 2 Diabetes

Healthcare professionals from across the area have joined forces to host a series of roadshows to support the national 'Type 2 Diabetes Prevention Week' which takes place next month (1-7 April). The roadshows aim to raise awareness of, and help prevent, Type 2 Diabetes – in many cases, a largely preventable condition through lifestyle and nutritional changes. Your local roadshow will take place at Princess Square Shopping centre on Saturday 6 April. Click [here](#) for more information. To download a poster to help us spread the word, click [here](#).

Feeling unwell?

Consider the range of services available to you in East Berkshire and use the NHS responsibly



“Feeling Unwell?” - Help us understand the impact of this important campaign

We have designed a short questionnaire to help us evaluate the impact of our on-going 'Feeling Unwell' campaign. As valuable members of our patient groups, it would be really helpful to hear your feedback to inform the work we do next. This short survey is open until the 31 March 2019. Click [here](#) to take part.



Cervical Screening campaign

Public Health England (PHE) launched its 'Cervical Screening Saves Lives' campaign last week (5 March) which aims to increase the number of woman attending their cervical screening across England. Here in East Berkshire, we would like to see more women being screened and would appreciate your help as PGs to help support this message. Clinical Cancer Lead, Dr Sachdev, said: “Cervical screening makes it possible to find and treat cervical cancer in the early stages. The test involves scraping a small sample of cells from the surface of the woman's cervix. Around 2000 new cases are diagnosed each year in the UK, and according to the National Cancer Institute, regular screening reduces the incidence and mortality of cervical cancer by 80 percent. “Click [here](#) for more.



Flash Glucose Monitors for Type 1 diabetes patients who fit criteria

One in five patients nationally with type 1 diabetes will benefit from life changing [glucose monitors](#) on the NHS from next month. East Berkshire CCG is currently working with local specialists to enable those patients who qualify to receive FreeStyle Libre, either through their GP or specialist diabetic consultant. A detailed press release containing more information will be issued and shared with you all very soon.

Frimley Health and Care



Frimley Health and Care launches new website

Frimley Health and Care Integrated Care System has launched a new website to help tell and share the story of integrated care across the partnership of health, local authority, and voluntary sector organisations. The site will be the place where partners can share the joint ambition to create healthier communities across the local area and to bring to life the benefits of working in a new way, engaging with local communities to help create the services they need in the best places for them. You can visit the site at www.frimleyhealthandcare.org.uk



GP Council – February’s update

There was a short review of the new 10yr plan for the NHS. Integrated care is a big theme in the plan. For those unfamiliar with these developments, our local Integrated Care (ICS) is the Frimley Health and Care ICS – click [here](#). The ICS will bring together all aspects of health and social care across the area. Eventually, there will be a single commissioning voice around the ICS, whilst maintaining a strong local focus. NHS funding for GP networks is to be increased to facilitate increased cooperation between practices. Practice IT systems are undergoing a major upgrade to improve efficiency and digital services.

Early stage discussions based on a detailed analysis of the current use of services (who, when and where) are ongoing in the ICS area to decide the future of “on the day” urgent care (minor injuries).

**If you have any questions regarding this newsletter, please email [Anamika Bansal](#)
Communications and Engagement Manager – East Berkshire CCG**